



Comprehensive Pain & Injury Management



Specializing in Everything from Physical Therapy & Rehabilitation to Injection Medicine & Radiology, All Under One Roof!

TotalPainSolutions is dedicated to managing your pain and injury needs while making it easy for you to receive high quality care. We value your time and would like to help you avoid the hassle of being referred to several different specialists. Our compassionate team of multidisciplinary providers specialize in a variety of treatment options rarely available in one location.

We Treat a Wide Variety of Conditions, Including, But Not Limited to:

- Back/Neck Pain
- Headaches/Migraines
- Failed Back/Neck Surgeries
- Sciatic Nerve Pain
- Radiculopathy
- Herniated Discs
- Knee, Hip, and Shoulder Pain
- Sprains/Strains
- Whiplash-Associated Pain
- Arthritic Musculoskeletal Pain
- Carpal Tunnel Syndrome/Tendonitis
- Rotator Cuff Syndrome
- Temporomandibular Joint Disorders (TMJ)
- Complex Regional Pain Syndrome (RSD)
- Fibromyalgia
- Balance Disorders/Dizziness/Vertigo

TotalPainSolutions Treatment Options Include:

- Physical Therapy
- Physical Medicine & Rehabilitation
- Trigger Point Injections
- Spinal Manipulation & Decompression
- Conservative Medication Management
- Massage Therapy

Procedures Offered at Our In-Office Ambulatory Surgery Centers:

- Epidural Steroid Injections
- Facet Injections/Medial Branch Blocks
- Intra-articular Joint Injections
- Sacroiliac Joint Injections
- Radio Frequency Ablation/Neurotomy
- Nerve Blocks
- Spinal Cord Stimulators
- Manipulation Under Anesthesia

We gladly accept most insurance, Medicare, Personal Injury/Lien, and Worker's Compensation. We will find a solution for you regardless of insurance coverage.

Don't let pain hold you back. Let us help you begin your path to improved health, strength, and mobility. Call **TotalPainSolutions** for prompt intervention! Same-day appointments available.

602-298-PAIN "7246" • www.totalpainsolutions.com